

Frequently Asked Questions about Becoming a Junior lifeguard

What is a Junior Lifeguard?

A Junior lifeguard is someone who likes to be around water, is between the ages of 12 -15, and is interested in becoming a lifeguard and wants to be of service to the community. The ability to swim is required for this volunteer position.

What are Junior Lifeguards required to wear as a uniform?

Junior lifeguards are required to purchase a black one-piece swimsuit/swim trunks as part of their uniform. They will be given an official City of Tempe Junior Lifeguard T-shirts that must always be worn while on duty. Sandals are recommended for Junior lifeguards to have while on shift. If you are scheduled at an outdoor pool, sunglass, sunscreen, and a hat are also required as part of your uniform.

What are the available hours to volunteer?

We have morning, afternoon, and evening hours available. Hours are based on the established pool schedules and the needs for programing. Junior lifeguards should be available to assist during swim lesson and recreational swim operational hours. There may also be special event opportunities as well. Schedules shifts are dependent open your availability.

How do vacations and requested days off work?

At the beginning of the summer, we ask if the Junior lifeguards are aware of any days that they need off. For example, time off for a family vacation or a wedding. We also know that plans change over the summer, so we try our best to accommodate Juniors Guards and their requests for time off. To gain the full experience of our 8-week program, please limit this time. We do ask that the Junior lifeguards request time off at least **2 weeks** in advance.

What are mandatory weekly trainings?

There will be mandatory weekly trainings that are designed to provide our Junior lifeguards the opportunity to discuss their weekly experiences, practice their skills with team members and train for a CPR/AED certification through American Red Cross. To obtain this certification they **MUST** go to all trainings and pass the written test and skills test to receive the certification.

Do I get paid?

A Junior lifeguard is a **volunteer** position with the City of Tempe. However, if you complete 100 volunteer hours in one summer, the city will provide you with a lifeguarding course free of charge once you are 15 years of age. This agreement is for Lifeguarding classes offered through City of Tempe **only**. This is also a great opportunity to network, opening opportunities for future employment.

What are my duties and responsibilities?

Teaching swim lessons is a big part of the City's summer aquatic program. Junior lifeguards are an essential part of that program assisting as an Instructor Aid. Junior lifeguards are also needed during open/recreation swim as well and will be expected to engage in customer service, rule enforcement and assisting lifeguards in daily pool tasks.

Where can I volunteer?

There are currently two locations:

Kiwanis Wave Pool 6111 S. All America Way, (indoor facility)

Escalante Pool 2150 E. Orange St., (outdoor facility).

Do I have to know how to swim?

Yes, for our swim test you will need to be able to swim freestyle or breaststroke 100 yards unassisted and tread for 1 min. Knowledge of other strokes is appreciated but not necessary. You **do not** need to be on a swim team but knowing how to swim is an essential part of being a Junior Lifeguard. You will be swimming at your weekly training sessions and will assist in teaching others how to swim.

If you have any other questions you can e-mail program coordinator Clarissa Knorr.
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